

On June 11th, join (or sponsor) the Ajax Pickering Hospital orthopaedic surgeons at the second annual **BIKE FOR BONES**, Durham's premier cycling event.

Starting & ending at Ajax Downs, you can choose from a 25km, 50km or 100km route that will take riders on a beautiful tour of north Durham.

[Click here to register for BIKE FOR BONES \(just \\$100!\)](#)

SPONSOR YOUR DOCTOR IN













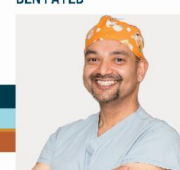





**BIKE
FOR BONES**

presented by 

JUNE 11, 2023

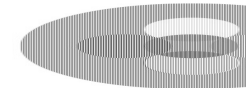
7:30AM, 9AM & 10AM | AJAX DOWNS | 25KM, 50KM OR 100KM

TO MAKE A DONATION IN SUPPORT OF THEIR RIDE, SCAN YOUR DOCTOR'S QR CODE
OR GO TO WWW.APHFOUNDATION.CA/BIKE-FOR-BONES

 DR. FATHI ABUZGAYA 	 DR. HAMD BEN FAYED 	 DR. AARON FROMBACH 	 DR. KAJEANDRA RAVICHANDIRAN 
 DR. STEPHEN GALLAY 	 DR. JOEL LOBO 	 DR. MEAGHAN ROLLINS 	 DANIEL AVRAHAMI (Physician Assistant) 

**WHY NOT JOIN THEM AT THE STARTING LINE BY REGISTERING AT
WWW.APHFOUNDATION.CA/BIKE-FOR-BONES**

IN SUPPORT OF THE ORTHOPAEDIC PROGRAM AT AJAX PICKERING HOSPITAL



[Click here to sponsor one of the surgeons or another rider](#)

The Ajax Pickering Hospital is a leader in orthopedic surgery and known for its excellence in providing life-changing orthopaedic procedures to patients across Canada.

The 2023 Bike for Bones is the Ajax Pickering Hospital Foundation's second annual premium biking event in Durham Region that aims to create some active fun, raise funds, and strengthen our community bonds.

Whether you're an experienced cyclist or just starting out, everyone is welcome to join us on this ride. All you need is a bicycle or e-bike and a passion for supporting our community.

The proceeds from Bike for Bones will support the tools and technology used by our orthopedic surgery experts to provide our community with the most modern and progressive treatments for arthritis, fractures, and sports injuries. Your participation will help us provide world-class orthopedic care right here in Ajax.

So grab your friends, family, and colleagues, and join us next week for a fun-filled day of cycling and celebration for a great cause.

[Click here to register for BIKE FOR BONES](#)

If you want to get in touch with me, just give the Foundation office a call at 905.683.2320 x11501 or drop us an email at aphfoundation@lh.ca.

Or "like" us on [Facebook](#) to check out even more about what we are up to!

Yours in Philanthropy,

Tracy L. Paterson

We respect your privacy.

We do not rent, sell, or trade our mailing lists. The information you provide will be used to deliver services and to keep you informed and up to date on the activities of the Ajax Pickering Hospital Foundation. If at any time you wish to be removed from our mailing list, simply contact us by phone at 905.683.2320 x11501.

Ajax Pickering Hospital Foundation | 580 Harwood Avenue South, Ajax, L1S 2J4 Canada

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