

Did you know that...

- Lakeridge Health operates the largest system of mental health and addictions programs in the province?
- Each year, Lakeridge Health has more than 100,000 mental health visits for adults, more than 12,000 visits a year for children and youth, and more than 14,000 visits to our Emergency Departments related to mental health and substance use?







And the needs of the people we serve are only growing.

And the 2023 Pickering Mayor's Gala is committed making a difference.

This year's event is providing funds to multiple community organizations, both supporting the work of our first responders who keep our community safe as well as supporting everyone - including first responders themselves - who need mental health support:











- Wounded Warriors Canada
- Carion Fenn Foundation
- Royal Canadian Legion branches of Pickering and Claremont,
- Lakeridge Health's own unique, client-centred program, Assertive Community Treatment Team (ACTT)

The ACTT is an intensive, community-based, mental health outreach team that provides direct treatment, rehabilitation, and support services to adults with severe and persistent mental illness.

The ACTT is made up of a multidisciplinary team of staff members who have training and experience in psychiatry, nursing, social work, occupational therapy, substance-abuse treatment, vocational rehabilitation, and peer support. They go into the community to serve clients, meeting with them in their own environment where they feel comfortable. This could be in their homes, a coffee shop, or even in a

For many clients impacted by schizophrenia or bipolar disorder, attending an appointment can be a challenge, which is why the majority of the ACTT's services are provided within the community. In addition, the ACTT provides services to adults who have not otherwise been successful with office-based services or have had extensive hospital stays. Through this program, clients learn important day-to-day functions, such as maintaining personal hygiene, finding employment, or managing finances.

The sponsors & guests of this year's Pickering Mayor's Gala are changing the lives, and even saving the lives, of some of the most vulnerable and marginalized members of our community by supporting this team's important work!

If you want to get in touch with me, just give the Foundation office a call at 905.683.2320 x11501 or drop us an email at aphfoundation@lh.ca.

Or "like" us on $\underline{\mathsf{Facebook}}$ to check out even more about what we are up to!

Yours in Philanthropy,

Tracy L. Paterson

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