

On Sunday, the energy was high at **BIKE FOR BONES** from the moment the first rider arrived to sign-in to the time the last rider left after the BoneYard celebration...

Over the course of the early morning, **one hundred and seventy riders** rode over the starting line as they geared up to ride their 100km, 50km or 25km routes.

And because this was a fundraising event for the orthopaedic program at Ajax Pickering Hospital, we are very excited to tell you that this year's **BIKE FOR BONES raised \$115,000!!**

Regardless of whether they were experienced cyclists or first-time riders, the smiles on everyone's faces clearly showed how much fun they had and how accomplished they felt to cross the finish line.

Here are some great facts about the **2023 BIKE FOR BONES**:

- over 40 riders raised \$300 or more!
- all the Ajax Pickering Hospital orthopaedic surgeons participated, and were accompanied by some of their physician colleagues from our own as well as our sister hospitals
- many other Ajax Pickering Hospital clinical and senior leadership staff were among this year's riders.
- twelve dozen CRAVE doughnuts were eaten by riders during sign-in, and a case of bagels was consumed over the course of the day at the starting line & the rest stops!
- over 40 volunteers were out at multiple points of the routes
- the first 100km rider crossed the finish line in just 3 hours!

To celebrate our hardworking individual fundraisers, this year we presented some fun awards:

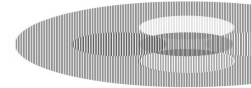
- Lucy Stocco (Board member, Ajax Pickering Hospital Foundation) was presented with the "Big Cheese" award for raising the most money... over \$25,000 (honourable mention to her fellow Board member, Shiv Bansal, who raised an impressive \$15,000)
- Dr. Meaghan Rollins (orthopaedic surgeon) received the Hospital Hero award for being the top hospital fundraiser (over \$5,000)
- Gavin Paterson received the Community Hero award for being the top community fundraiser (\$1,700)

MARK YOUR CALENDARS AND START YOUR TRAINING NOW FOR NEXT YEAR'S BIKE FOR BONES: SUNDAY JUNE 2, 2024.

**DONATE
NOW**



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CONGRATULATIONS
TO ALL 170 RIDERS



2023

YOU HELPED RAISE \$115,000 FOR
THE ORTHOPAEDIC PROGRAM AT AJAX
PICKERING HOSPITAL

MARK YOUR CALENDARS: JUNE 2, 2024

Ajax
Pickering
Hospital
Foundation



You can still donate to one of the riders; just **CLICK
HERE!**

Thank you to all the volunteers who directed riders or gave them refreshments at the rest stops, to all the sponsors who invested in this great community event and, of course, to all the riders.

If you want to get in touch with me, just give the Foundation office a call at 905.683.2320 x11501 or drop us an email at aphfoundation@lh.ca.

Or "like" us on [Facebook](#) to check out even more about what we are up to!

Yours in Philanthropy,

Tracy L. Paterson

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