



Saluting the people

who go above and

beyond to provide

our community

with the best in

family centred care.



ABOVE & BEYOND

DELIVERING ON OUR COMMITMENT TO FAMILY CENTRED CARE



At the Rouge Valley Health System,
our vision is to be a leader in
family centred care. It's a powerful
vision, and a major shift from
the traditional hospital-patient
relationship.

But family centred care is more
than just a phrase at Rouge Valley.
It's something we strive to excel at
every single day.

ABOVE & BEYOND
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family centred care

Family centred care may mean different things to different people, but really it's all about caring for patients in a collaborative way that makes them most comfortable. And it's about empowering patients and their families to take a more active role in the caring process.

It means parents can spend more time comforting their children during hospital stays, making a stressful experience more bearable.

It means friends and family members who work shifts can visit any time of the day or night, at the patient's convenience.

It means patients can choose to have family members participate in providing certain aspects of their care, from bringing in special comforts from home to assisting staff in the healthcare being provided.

And it means that you can expect to receive first-rate care in a welcoming environment that respects individual cultures and religions, family involvement and the open, honest sharing of information.

Each of our staff, physicians and volunteers plays a key role in achieving Rouge Valley's vision to be a leader in family centred care. Many of these individuals routinely go above and beyond the call of duty to ensure the best possible family



The Carlos family enjoy some time with their newborn, Faith, Greater Toronto's first baby of 2006.

centred care for patients. We're proud of their dedication, and recognize the importance of their daily contributions to Rouge Valley—and to our community.

We also value the commitment of our many Foundation volunteers and donors whose support of Rouge Valley has allowed us to develop and expand clinical programs, purchase modern, state-of-the-art medical equipment, and embark on plans for

exciting new capital projects at both hospital sites.

In this publication, we salute some of the people helping Rouge Valley become a leader in family centred care. Despite their diverse roles and backgrounds, they all share a common desire to go above and beyond for patients, their families and the community.

And through their attitudes and actions, we all benefit. ■

innovation

For Dr. Peter Gladstone, going above and beyond is just part of the job description. The Rouge Valley cardiologist recently saved the life of a man admitted with chest pains after shoveling out from a December snowstorm. When routine anti-clogging medication failed to stop what turned out to be a major heart attack, Dr. Gladstone performed a primary angioplasty that allowed the patient to return home just three days later. In the procedure, a small balloon is used to open up the blocked artery, and a wire-mesh stent is inserted to reinforce the arterial wall. Given the extremely poor weather conditions that night, transferring the patient to another hospital was impossible. Without the emergency intervention by Dr. Gladstone and Rouge Valley staff in the cardiac catheterization lab, the heart attack may have been fatal. It's just one more reason the community is fortunate to have exceptional physicians like Dr. Gladstone, trained in the latest leading-edge medical procedures, and donors willing to provide funds for the state-of-the-art medical equipment such as the catheterization lab.



DR. PETER GLADSTONE, Cardiologist, with a stent used in angioplasty procedures.

meeting the needs of our growing community

For many residents of east Toronto and west Durham, the Rouge Valley Health System represents more than just their local hospital—it's become part of the fabric of their community.

We're here to provide the best available healthcare, where and when it matters most. Whether it's young children with broken bones, seniors undergoing hip or knee replacements, mothers giving birth or cancer patients receiving chemotherapy, Rouge Valley is here for you.

Our two hospitals—Rouge Valley Centenary and Rouge Valley Ajax and Pickering—each operate round-the-clock Emergency departments providing acute care for residents in Scarborough, Pickering, Ajax, Whitby and beyond.

In addition, our three community health sites offer supportive housing and long-term day programs for adults with serious mental illnesses, as well as outpatient mental health treatment for children and adolescents. And our regional cardiac, mental health and paediatric services are among the leading community-based programs in the province.

We are proud to be part of a growing, vibrant and diverse community that is one of the most

multicultural in all of Canada. Approximately 85 different languages are spoken by residents representing many ethnic backgrounds.

With nearly 3,000 staff and physicians, including 214 general practitioners, 226 specialists, 1,200 registered nurses, plus many other professionals, Rouge Valley provides a full range of healthcare services including:

Emergency Care

When you or someone you care about is injured or suddenly becomes ill, you can count on Rouge Valley's Emergency Departments to be there for you, 24 hours a day, seven days a week. The dedicated staff and physicians in our two departments handle more than 90,000 patient visits every year and the number is continuing to climb. With continuing community support we have been able to purchase new equipment, renovate existing facilities and embark on plans for expansion that will help us meet the challenges of the future.

Women's and Children's Health

The Women's and Children's program provides family centred care to labouring women and their families, newborns and sick children. Our birthing facilities at both sites are staffed by highly trained, dedicated health care professionals who are focused on the safe delivery of babies and support for the new family. Together these professionals assist in close to 3,300 births a year. As the Regional Perinatal and Paediatric Centre for east Toronto and



Six-year-old Dawson Fraser, left, is able to receive certain treatments for his cancer in Rouge Valley's Paediatric Oncology Satellite Clinic, saving his family long trips downtown.

west Durham, we also offer an Advanced Level II Neonatal Intensive Care Unit to care for some of the most acutely ill babies in the region. Our paediatric services include inpatient units at both sites and a wide range of specialized outpatient services at Rouge Valley Centenary for patients and their families from across the catchment area, including a Sickle Cell Disease Clinic and a Paediatric Oncology Satellite Clinic. We are also

embarking on a fundraising campaign for a new Regional Birthing and Newborn Centre at Rouge Valley Centenary, which will modernize our facilities and greatly improve our capacity to provide the best possible neonatal care in the region.

Surgery

For surgical patients, less pain and a quick recovery are key priorities. So is timely access to important surgical procedures. At Rouge Valley, our surgeons, anaesthetists, surgical nurses and other professionals are constantly working to improve the patient care experience through the introduction of new techniques and procedures. Our new Minimal Access Surgical Suite, which was funded by donors, is a good example. Surgeons using this state-of-the-art equipment can perform procedures in a less invasive fashion, meaning that patients experience less pain, and, in some cases, can go home the next day instead of spending weeks in hospital recovering. Our surgeons and surgical staff are able

to offer services in a variety of specialties including general surgery, orthopaedics, plastic surgery, urology, gynaecology, ophthalmology, ear, nose and throat and laparoscopic surgery.

Cardiac Care

When it comes to a heart attack, every minute counts. Our staff and physicians have become leaders when it comes to administering clot-busting drugs on a timely basis to heart attack patients. Working with their colleagues at neighbouring hospitals, our cardiologists and staff offer cardiac diagnostics, including catheterization, pacemaker implantation, cardiac rehabilitation and lifesaving stand-alone angioplasty in our donor-funded Cardiac Catheterization Lab.

Mental Health

Today, the treatment of mental illness is focused on recovery and reintegration. Rouge Valley's innovative inpatient and outpatient mental health

services help patients live with their illness and wherever possible, become part of their families and communities again. Youth services include a specialized six-bed inpatient unit for children and teens and the Shoniker Clinic for outpatient assessment, treatment and referral. Adult services include dedicated inpatient units, crisis assessment and counselling, day hospital, day treatment at Community Progress, and a range of supportive housing options including Gatesview House.

Medical Care

For patients dealing with medical conditions ranging from pneumonia and cancer to diabetes and Crohn's disease, nothing is more important than receiving the care they need, close to home. Patients in the Medicine program have timely access to treatment for throat, stomach, liver and bowel symptoms including endoscopic examinations, liver biopsies and respiratory disease. The Diabetic Education Centres educate adults and children,

2004/2005 fiscal year

our year in numbers

	RVC	RVAP	TOTAL		RVC	RVAP	TOTAL
BEDS	389	152	541	ANGIOPLASTY PROCEDURES	635	0	635
EMERGENCY VISITS	46,134	45,201	91,335	HIP REPLACEMENTS	161	41	202
O/R CASES	14,220	10,563	24,783	KNEE REPLACEMENTS	252	83	335
DAY/NIGHT CLINIC VISITS	49,026	34,143	83,169	CATARACTS	1,155	0	1,155
OTHER CLINIC VISITS	81,115	30,328	111,443	MRI SCANS	6,541	0	6,541
BIRTHS	1,828	1,468	3,296	CANCER SURGERIES	839	285	1,124
CARDIAC CATHETERIZATIONS	3,100	0	3,100	VOLUNTEERS	475	207	682
PACEMAKER IMPLANTS	236	0	236	VOLUNTEER HOURS	62,013	41,448	103,461

helping them improve their control of the disease and live healthy lives. Our cancer services provide multi-disciplinary support for patients and their families and our state-of-the-art chemotherapy clinic and follow-up clinics mean many patients can get the care they need, close to home.

Continuing Care and Rehabilitation

When we think of healthcare, we often focus on high-tech crisis interventions. But when the crisis is over, Rouge Valley's rehabilitation services are

there to ensure patients get back on their feet and into their community as quickly as possible. For high-need patients, who may be unable to return to their homes or nursing home facilities, we are able to offer a specialized continuing care program to provide the support these patients and their families require.

Clinical and other Support Services

Clinical Programs at Rouge Valley are supported by dedicated clinical support departments

including diagnostic imaging, pharmacy, laboratory services and respiratory therapy. Highly trained professionals in these departments work with the nurses and physicians to help assess, diagnose and treat both inpatients and outpatients. Other supports to our clinical areas include social workers, discharge planners, dietitians, and chaplaincy services along with facilities and support services staff who help transport patients and supplies, clean and maintain our facilities and keep staff, patients, visitors and our buildings safe and secure. ■



JOHN CORLEY,
Sr. Vice President, MDS Nordion
and **PIERRE CHARLEBOIS,**
Chief Nuclear Officer,
Ontario Power Generation

The power of partnership can go a long way towards building a healthy community. Just ask John Corley and Pierre Charlebois. Last year the two were instrumental in providing \$350,000 to Rouge Valley Ajax and Pickering hospital, the result of an innovative partnership between their two companies. MDS Nordion, a supplier of isotopes used to prevent, diagnose and treat disease turned over the money to Ontario Power Generation (OPG) as part of an incentive agreement to harvest cobalt-60 from Pickering Nuclear. The \$350,000 was then presented to the hospital's Ontario Power Generation Nuclear Medicine Suite, named after the \$1 million gift made by OPG in 2002. This is just one example of a successful corporate alliance helping Rouge Valley meet the healthcare needs of our growing community head-on. And in the end, we all win.

compassion

Volunteering is something that comes from the heart—and for Lois Upham, it's especially true. For the past eight years, Lois has been the Volunteer Convenor in Rouge Valley's cardiac catheterization lab, helping patients prepare for life-saving coronary angioplasty procedures. It's a role she's particularly good at. Just 10 years ago, Lois was one of those patients. She remembers the fear and anxiety, and she knows how dramatically her life has been improved by the procedure. So when she speaks to patients about her experience, and about what they can expect, she does it from the heart. To those patients, Lois isn't just a volunteer. She's also a role-model. Active and healthy at nearly 75 years old, Lois is a true inspiration and an integral part of our family centred care team.



LOIS UPHAM, Volunteer, with patient John Brown in the cardiac catheterization clinic.

connecting with our community

At the Rouge Valley Health System Foundation, raising money to support equipment purchases and capital projects at our hospitals is only half of our goal. The other half, and perhaps the most rewarding, is finding meaningful ways to connect our community with their local hospitals. Whether it's through volunteer opportunities or innovative vehicles for donating to the Rouge Valley Health System, our role is to engage the community and build strong, lasting and mutually beneficial relationships.

For many of our donors, supporting Rouge Valley is a very personal decision. They may be grateful for outstanding care they received. They may make a contribution in memory of a loved one, or as a tribute to someone significant in their lives. Or they may choose to support an area of the hospitals that holds personal interest for them by making gifts of life insurance, securities or bequests.

Regardless of the amount they contribute, or their reasons for giving, donors can rest assured that their gifts are helping Rouge Valley constantly go above and beyond to provide the best family centred care possible.

Consider some of the gift-giving vehicles the following donors have selected to demonstrate their support for Rouge Valley:

Memorial Gifts

When Dr. Adnan Ozkan passed away in 2003, his wife, Barbara, wanted his name to remain front and centre at Rouge Valley Centenary—a hospital where both of them had shared many personal connections during their 29-year marriage.

Dr. Ozkan worked here as a pathologist from the time the hospital first opened until his retirement in 1998. Barbara was a young x-ray technician at the hospital when they married in 1974—she has also volunteered for over 20 years, and now donates her time in the Chemotherapy Clinic one day a week.

Barbara makes annual memorial gifts to the Rouge Valley Health System Foundation in Dr. Ozkan's name, and says the hospital is her major charity because it was where they met, where they worked, and where her husband spent his final days.

Family and friends at Adnan's funeral were also asked to make memorial contributions to Rouge Valley in lieu of flowers, a gesture that allowed his legacy to continue helping the hospital.

Barbara cherishes the memories she and her husband shared at Rouge Valley Centenary, and feels making an annual memorial gift in his name is the most appropriate way to demonstrate her support.



Barbara Ozkan has been making memorial gifts to the Foundation in the name of her husband Adnan, a former Rouge Valley pathologist who passed away in 2003.

"This was our hospital," she says. "There is a strong connection for me here."

Tribute Gifts

Ever wonder what kind of wedding present to get for the couple who has everything? It's probably a safe bet that a \$35,000 harmonic scalpel wouldn't be at the top of your list.

But for Ron Halliday and his fiancée, Carol

“I think surgeons at Rouge Valley should have the latest technology at their fingertips, and this is our way of contributing.” — Ron Halliday

Pearson, that exact piece of surgical equipment is what they asked their wedding guests to purchase for Rouge Valley Ajax and Pickering hospital in lieu of traditional gifts.

In what is becoming an increasingly popular trend at milestone celebrations such as weddings, anniversaries or significant birthdays, family and friends are being asked to make charitable donations to the Foundation. The contributions may be made in the name of the celebrants, and donors can receive a tax receipt for the full value of their gift.

“I think surgeons at Rouge Valley should have the latest technology at their fingertips, and this is our way of contributing,” says Halliday.

He hopes others will emulate his idea and consider using their major milestones to help purchase much-needed equipment for Rouge Valley.

Other tribute gifts may be made to honour someone significant in your life, perhaps a doctor, a nurse, a teacher or a coach.

In all cases, the individual being honoured will receive a special card informing them of your gift.

For many of our donors, tribute gifts allow them to leave lasting, memorable tokens of appreciation that directly benefit healthcare in the community. What better tribute could anyone ask for?

Planned Gifts

When Sheldon Lush remembers the day his father, Harold, turned the sod to commence construction of Scarborough Centenary Hospital, he does so with tremendous pride. The day marked a pinnacle in his father’s life, beginning a legacy of healthcare in Scarborough that has spanned the past 40 years.

Harold Lush was the chairman of the Hospital Building Committee and an active fundraiser for the project long before it ever received government approval. Sadly, Harold passed away suddenly at his cottage just three days after the official sod turning, surrounded by his family who had come to celebrate his achievement.

“My father left a very deep impression on me,” says Sheldon, now 88. “I’m proud of the hospital, and I’m proud of my dad.”

For Sheldon, supporting the hospital is a matter

of family tradition, something he does to carry on the philanthropic work his father began so long ago. Still, making a sizable monetary donation was something he felt he couldn’t afford.

But through the power of planned giving, Sheldon has discovered a way to make a substantial gift to the hospital without having to dip into his available cash.

By making Rouge Valley the beneficiary of a paid-up life insurance policy, Sheldon has made a significant gift to the hospital. He received immediate tax benefits, even though no money will be paid out until after his death.

Other planned giving options allow individuals to make donations of cash, property or other assets through wills, appreciated securities or life income gifts. These donations provide a source of stable future funding, which ensures that Rouge Valley remains a strong and vibrant part of our communities. They allow us to purchase equipment, train staff, fund capital projects and support the future needs of our healthcare system.

“I’m doing this in memory of my father, but it’s something I believe in,” says Sheldon. “I’ve always been proud of what he did, and by doing this, I hope he’d be proud of me too.” ■

For more information on these, and other, gift options, please contact the Rouge Valley Health System Foundation at (416) 281-7342 or (905) 683-2320 ext. 1501.

determination



Climbing to the summit of the world's tallest free-standing mountain may seem an extreme way to raise money for the hospital, but for Registered Nurse Emmanuel Nwankwo, it was all just part of a dream. Emmanuel grew up within sight of Mount Kilimanjaro in Tanzania, and imagined himself one day scaling to its peak. And on a cold, clear day this past January he did just that—after an arduous five-day trek up the mountain, he reached the glacier atop Uhuru Peak, 19,985 feet above sea level. With that feat, Emmanuel completed a year-long quest to raise funds for local charities including the Rouge Valley Health System Foundation, where the money will support the construction of the Regional Birthing and Newborn Centre. Emmanuel believes that behind every dream there is a greater dream. By fulfilling his ambition of climbing Kilimanjaro, he was also able to achieve his dream of helping others—something he goes above and beyond to make a reality each day.

EMMANUEL NWANKWO, Registered Nurse

your gifts in action

There were more than 336,000 patient visits to Rouge Valley Health System last year, and providing first-rate healthcare requires state-of-the-art medical equipment and facilities. With your help, we can ensure that Rouge Valley continues offering the high level of care our community has come to expect.

For many of our generous donors, this is an opportunity to direct their gifts toward the



purchase of specific medical equipment or an area of particular interest to them, their families, their businesses or their community organization.

Others prefer to contribute to a general fund that purchases equipment based on a prioritized equipment list developed by our frontline staff.

Thanks to the generosity of our donors, more than \$1.2 million was spent on equipment, renovations and staff education last year at Rouge Valley, including:

Advanced cardiac life support equipment

Automated External Defibrillators which are used during heart attacks

Bili infant phototherapy lights

Blanket warmer

Bobath bed

Cardiac education equipment

Cardiac event recorder

Cardiac stress testing system

Digestive Disease Unit renovations

Digestive Disease Unit stretcher

Dynamap for oncology to provide blood pressure, pulse, temperature and oxygen-level monitoring

Fetal scalp monitor

Infant weigh scale

Laser ultrasound for Rehabilitation Department

Mammography viewer

Neonatal Intensive Care Unit isolation area

Non-invasive blood pressure monitors with CO₂

Nuclear medicine equipment

Operating room instrumentation

Patient lounge chairs

Patient lounge for medical floor

Patient recliner for chemotherapy clinic

Pulse oximeters

Quiet room for Emergency Department

Rapid blood Infuser

Security upgrade for psychiatric floor

Serenity bereavement room renovations

Staxi transport chairs

Telemetry equipment

Unit dose machines for medication

Urology anaesthetic monitor

Vital signs monitors

X-ray aprons

Melissa Wylie and Ryan Morton, with new daughter Emma, donated money to help create the Serenity bereavement room in memory of their son Brady, who died at birth. They were so touched by the compassionate, family centred care they received when Brady was born that Rouge Valley Ajax and Pickering was their first and only choice for obstetric care.

estate gifts

Between January 1, 2005 and December 31, 2005, donations were made to the Rouge Valley Health System Foundation through the estates of the following generous people:

Estate of Ronald M. Brown	Estate of Leon Morgan
Estate of Hilda Cohen	Estate of Rose Passafiume
Estate of Harry Daxon	Estate of Marjorie Rice
Estate of Agnes Hardie Jackson	Estate of Dorothy Scott
Estate of Sarah Kelly	Estate of Olive M. Thompson
Estate of Ann Luxmore	

tribute giving

The following individuals have been honoured with a gift made in their name to support the Rouge Valley Health System Foundation during the last year.

in honour of

Dr. Fathi Abuzgaya	Edgar R. Flint
Dr. Tom H. Anderson	Frank Furo
Dr. John S. Anthony	Dr. Peter Gladstone
Dr. Norma Baker	Dr. J.E. Goode
Dr. Hamdi Ben Fayed	Ronald & Carol Halliday
Clarke Bolton	Glenn Healy
Dr. Suzanne C. Buchanan	Khalil Jamal
Gordon Campbell	Dr. Richard S. Kaminker
Wally Campbell	Dr. Sami Karkanis
David Caswell	Dr. Hugh Kendall
Dr. Albert Chan	Dr. Domenic A. O'Dea
Dr. Michael Chan	Dr. John J. Peto
Dr. Manny Crotin	Dr. Howard L. Price
Janet Ecker	Dr. Rajah
Dr. Bernard Farber	John Revay
Dr. Ben Fayed Hamdi	Dr. A.J. Ricci
	John Patrick Sigerson

Dr. Henry N. Singer
 Dr. Thuraisamy Sooriabalan
 Dr. Andrew Sue-A-Quan
 Dr. James H. Swan
 Reverend John Taylor
 Edith S. Thakur
 Glenys Walker
 Dr. James Wang
 Anita Witty
 Dr. Keith H.N. Wong

in memory of

Stanley Allin
 Victor Ames
 Lorraine Angus
 Olive Anthony
 Carina Apostoli
 Rita J. Archer
 Marilyn I. Arling
 Richard Bell
 Dr. William Berry
 Florence Blair
 Andy Boyle
 Murray Brown
 Glyn M. Bruce
 Tom J. Bryce
 Dennis Buckell
 Anita Bull
 Mary Jo Byrne
 Dr. Michael C. Byrnes
 Maria Calabrese
 Derek Cameron
 Christopher A. Campbell
 Percy Campkin
 Deborah Carter
 Jim Casserley
 Kwok Kan Cheung
 Danny Ciardullo
 Maurice Clay
 Gena Clinton
 Jim Closs
 Pauline Coley

Dorothy Collins
 Faye D. Cooper
 John Cooper
 Lesley Cowell
 Ellen Cox
 Ryan Cummings
 Donna Curtis
 Dr. Hugh Davidson
 Glenford Dean
 William Dean
 Margaret Douglas
 Clifford Drake
 Joyce Drew
 Mary Dugan
 Hans Einer
 Roy Elvins
 William Ereddia
 Marion Erwin
 Elizabeth R. Ewart
 Roland Ferris
 Patrick Fitzpatrick
 Jean Fleming
 Thomas J. Flink
 Robert L. Foster
 Joan Fox
 Harry Freigang
 Dudley Funnell
 Vilas H. Gandhi
 Ronald Gibb
 Joan Hall
 Agnes Hannebohn
 Julius Harangozo
 Al Hart
 Teresa Haws
 Evelyn Heath
 Patricia Hedges
 Alma Holden
 Wendy May Hummel
 Sister Inga
 Ada Irwin
 Myrtle Johansen
 Dr. Craig Jones
 Sophia Jones

Tak Hom Jung
 Ralph Keefe
 Donald Kennedy
 Elaine Kiel
 Kenneth Knight
 Helmut Carl Koeder
 Lorne Kowalek
 Elaine Kozié
 Johanna Krynen
 Maria Lakacs
 John Lalich
 Frank Lane
 Ted Larson
 David Lawson
 Jean Ludwinski
 Albert Lui
 Harold V. Lush
 Ann Luxmore
 Katherine MacIntosh
 Charles MacStravick
 Allan J. Mainprize
 Frank Major
 Nellie (Ellen) Major
 Deborah Malkin
 Walter Malynyk
 Louise Martin
 Rose Martin
 David McEwan
 Ronald McIntyre
 Audrey Mckay
 Sean McKenna
 John McMaster
 Arnold Mitchell
 Saffiran Mohammed
 Brent Mollard
 Salvatore Monaco
 William Moore
 Brady A. Morton
 John Mossman
 Helen K. Muir
 Ivy C. Nation
 Dr. George M. Novak
 John D. O'Brien



Auxiliary member Frank Fernandez gets his blood pressure checked by nurse Tammy Henderson and Cheryl Pike. The vital signs monitor being used was donated by Fernandez and other residents of 44 Falby Court who raised more than \$7,000 from their annual garage sale.

Dr. Adnan Ozkan	Valerio Sincic
Therese Paquette	Harmeet Singh
John Pattison	Lothar Skedzuhn
Avery Evelyn Pereira	Edna Skelton
Grace Perkin	Sharon Smirle
Ada Peters	Kenneth Squires
Charles W. Presley	James Stansfield
Ed Quinlan	Ralph Stoner
George Quinto	Rose Stroud
Kenneth T. Rahamut	Roy Sullivan
Barbara Ramsay	Bill Swan
Arthur Rate	C.S. Tan
Lena Rebeiro	Robert Ten Veen
Michael Reilly	Queenie B. Thatcher
John Renton	Eileen Thomas
John Ricci	Bid Thompson
Larry Robinson	Philip Waltier
Maurice Rodgers	James Wang
Kathleen C. Romanoff	Betty Waring
Charles Rae Shanks	Wm C. Wheeler
Kathleen Sheehan	Milly Wheler
Chris Sheridan	William Whyte
Marie Louise Sikorski	Dr. John Wilson
Helen Marie Silverberg	Kenneth B. Zealley

thanks to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year. (January 1, 2005 – December 31, 2005).

\$100,000-\$499,999

Auxiliary to Rouge Valley Ajax and Pickering Health Centre
MDS Nordion
Ontario Power Generation
Tribute Communities & Runnymede Development
Volunteer Services, Rouge Valley Centenary

\$50,000-\$99,999

AstraZeneca Canada Inc.
Black & Decker Canada
BMO Financial Group
Ellesmere X-Ray Associates
Philip Lee & Tonia Shum
McDonald's Restaurants of Canada Limited
Novo Nordisk Inc.
Purdue Pharma
RBC Foundation
Scotiabank Group
TD Bank Financial Group

\$25,000-\$49,999

Ajax and Pickering General Hospital Bingo
Black & McDonald Limited
Canadian Imperial Bank of Commerce
Janssen-Ortho Inc.
Pickering Professional Firefighters Association
RioCan REIT

\$10,000-\$24,999

Ajax/Pickering News Advertiser

ARAMARK Canada Limited
Shiv & Ranju Bansal
Martin Byrne
Canadian Cardiac Rehabilitation Foundation
Wayne & Sandra Cassidy
Century 21 Leading Edge Realty Inc.
R. Keith Edmondson
First Capital Realty Inc.
First Pro Shopping Centres
Guild Electric Limited
Higgins and Burke Coffee & Tea
The Hornung Family Foundation
Hubbell Canada LP
Hydro One Inc.
J.P. Bickell Foundation
Morris & Miriam Kerzner
The Lenbrook Group
Dr. Naresh Mohan
Dr. Ashok Mukherjee
OK Transportation Limited
Optimist Club of Pickering
Otis Canada Inc.
Barbara A. Ozkan
Joe & Inga Repovs
The Rockport Group
Saturn Saab of Pickering
Silvercore Properties
Sleep Country Canada
TACC Construction Ltd.
Toronto Star
John & Lorraine Walker

\$5,000-\$9,999

Abraham Bleeman Foundation
Ajax Senior Citizens Friendship Club
Bad Boy Furniture, Appliances and Electronics
Irene Barker
Bevy of Hope Breast Cancer Foundation
BMO Fountain of Hope
Clublink Corporation
Nestor G. Cruz
Ellis Packaging Limited
Four Valley Excavating & Grading Ltd.
Dr. J.E. Goode
Honeywell Limited
Robert Hovianseian
Invar Building Corporation
Whitby Lions Club
Hume Martin & Sharon Mertens*
McEachnie Funeral Home
Mental Health Council For Scarborough
Mercer Human Resource Consulting
The Miller Group
Nelson Industrial Inc.
Ontario Power Generation Charity Trust
Paragon dpi
Dr. A.J. Ricci
Arnold & Sally Schaefer
Sealy Canada Limited
The Sernas Group Inc.
Joseline Sikorski
The Sorbara Group
Dr. Romas V. Stas
VicDom Sand & Gravel Limited
Walker, Head - Barristers & Solicitors
Worden-Watson Limited
\$2,500-\$4,999
A.T. Contracting Corporation



Pickering Mayor Dave Ryan tests out a Staxi transport chair with the help of Pickering Town Centre's Allan Arsenault.

The Aldgate Group
Dr. John S. Anthony
Kevin & Katie Ashe
B. Jackson Plumbing Limited
Baxter Corporation
Jillian Bell
Bell Canada Employee's Fund for Community Services
Bell Canada, Employee Giving Program
Bendale Parkway Limited
Brookfield Homes (Ontario) Limited
Bulova Watch Company Limited

Mary Anne Chambers
CTV Television Inc.
Dr. Marion Hilliard Sr. Public School
Frank & Lillian Fernandez
GE Healthcare
Grayco Air
Margaret Ho
IBM Employees' Charitable Fund
John Chute & Associates
Benefit Plan Consultants
Patricia & R. Jeffrey Jones
Robert J. Kilgannon
Marshall Homes Limited

McDonald's Restaurants of Ajax
Debbie McGarry*
The Moffitt Family
New Horizon System Solutions
Osler, Hoskin & Harcourt LLP
Norman A. Rees*
The Residents of 44 Falby Court
Rotary Club of Ajax, District 7070
Rotary Club of Pickering
Runnymede Development Corporation Limited
William & Carmen Salmon*

caring



The birth of a baby should be one of the happiest times in a family's life together. But for some parents, the joy can quickly turn to anxiety when newborns require life-saving care in the Neonatal Intensive Care Unit (NICU). Nurse Kim Eeuwes sees the stress on parents' faces when their infants are lying in an isolette, hooked up to a variety of neonatal monitors. She knows that the baby in her care is the most important thing in the world to those parents. Caring for acutely ill infants until they are well enough to go home, while striving to reassure and educate worried parents, can be a tough job—both physically and emotionally. Yet it's something Kim excels at. With years of nursing experience and a warm, gentle manner, her ability to calm both baby and parent is second nature. It's a skill almost as valuable as her ability to provide advanced neonatal care, one of the many specialized services that are part of Rouge Valley's Regional Paediatrics Program. With support of donors, Rouge Valley will soon be building a new NICU, which will allow staff to provide family centred care for hundreds of babies and families each year.

KIM EEUWES, Registered Nurse, with baby Desiree who was born prematurely at 4lbs 11oz.

\$2,500-\$4,999 *continued*

Scarborough Lexus Toyota
Shoppers Drug Mart
Sierra Systems Group Inc.
Barbara Stevens*
John Szeto
W.L. Smith & Associates
Limited
Gertrude Wang

\$1,000-\$2,499

Dr. Fathi Abuzgaya
Jack Ainsworth
Town of Ajax
Herman Alexander
Greg & Judy Anderson
Thomas W. Atkins
Aurora Trust
Ruth (Betty) E. Beer
Margaret Birch
Max Borinsky
Bothwell-Accurate Co. Limited
Sandra Burnside
Can-Sort Recycling Ltd./CMR
Disposal & Demolition
Services

Brenda Carter*
Mary Leah Carter*
Carole Chabot & Derek Dodd*
Cherry Downs Golf &
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No child likes being in the hospital, but James Stewart, six, had his stay made a bit brighter when a donor provided teddy bears for the children on the paediatrics floor.

spirituality



Chaplain Malcolm Spencer says his job is all about connections. It's about helping patients, their families and other staff members make spiritual connections in times of need. It's about forging close working connections with the local clergy who help support the Chaplaincy Program. And it's about making stronger connections in an increasingly multicultural and multifaith community. Since launching the Chaplaincy Program at Rouge Valley Ajax and Pickering in 2000, Malcolm has brought what he calls a zest for life to the hospital each day—something patients, families and staff have come to appreciate when they need him the most. Though he is often called upon in times of grief, he says having people open their hearts to him is a “privilege beyond any privilege.” Giving others an outlet to express their spirituality has made Malcolm an important part of our family centred care team at Rouge Valley, a role he has wholeheartedly embraced.

REV. MALCOLM SPENCER, Chaplain



In June 2005, the Rouge Valley Health System Foundation celebrated the successful conclusion of the Vital Links campaign to raise funds for the redevelopment of Rouge Valley Ajax and Pickering hospital. In total, \$20.7 million was raised to cover the local share of the project, exceeding the original fundraising goal by \$7 million.

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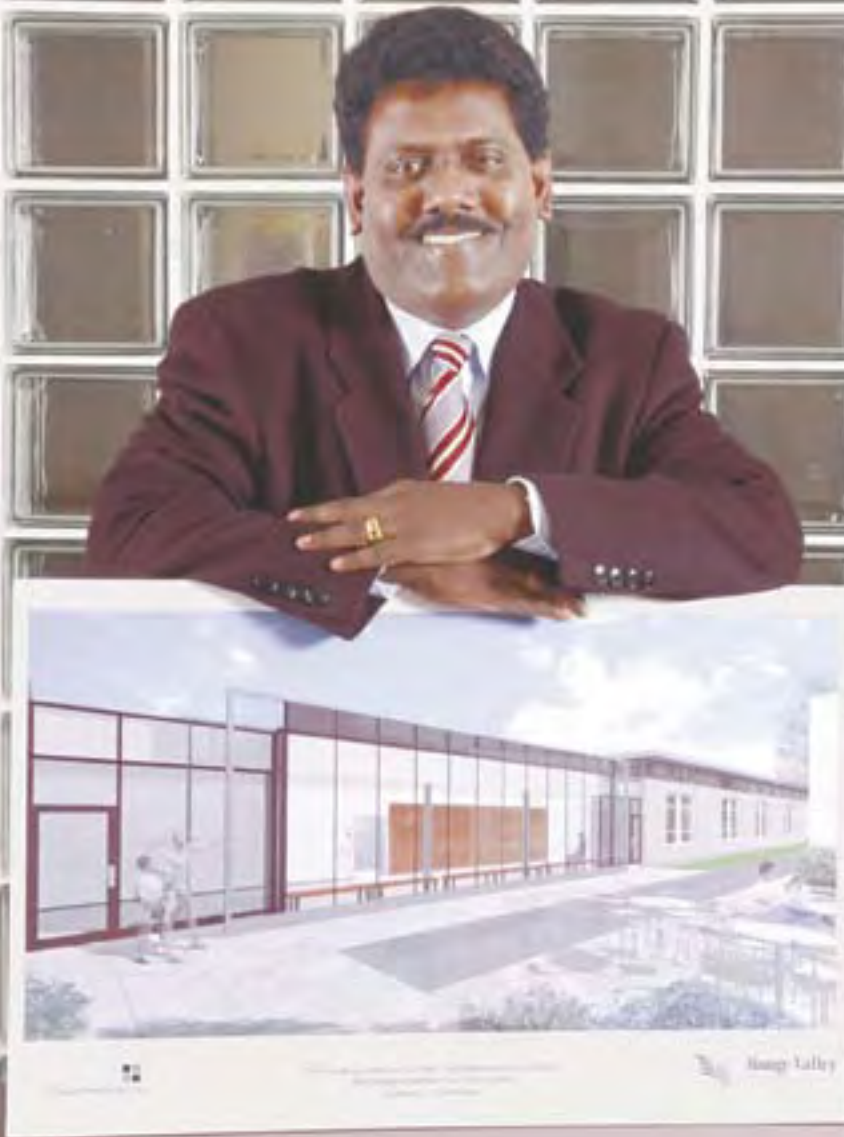
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philanthropy



When Kula Sellathurai looks at the local Sri Lankan community, he sees families. Young families, having babies. And as a Sri Lankan immigrant himself, Kula understands the need for a culturally-welcoming, family centred birthing centre capable of providing the best available care for mothers and newborns. So he's come up with a plan—a million dollar plan, in fact, that is helping lay the groundwork for the construction of the Regional Birthing and Newborn Centre at Rouge Valley Centenary. Kula, who is a member of the Rouge Valley Health System Foundation Board of Directors and the president of the Canada-Sri Lanka Business Council, has challenged the Sri Lankan community to raise \$1 million over the next two years for the project. "A birthing centre is important to the community because it means families can share in the joy of the best gift in the world—childbirth," he says. "To have a healthy community we need a strong hospital, and especially a full-service birthing centre. By pledging a million dollars, we're supporting that, and our children too."

KULA SELLATHURAI, Foundation Board Member

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Keeping patients comfortable is important to Emergency department nurses Hermein and Laura, so they couldn't have been happier to receive dozens of brand new pillows from donor Jane MacBride and the residents of The Breakers.

motivation



It was a situation that was going from bad to worse. Not long after an elderly woman died from an unknown respiratory problem, her son was admitted to Rouge Valley with similar symptoms. And when Patient Flow Manager Glyn Boatswain discovered the elderly father had been left alone without the home care he needed, she knew she had to help. Glyn arranged to have the son transferred to another facility that also had a bed available for the ailing father, easing a considerable burden from other family and friends. Managing the difficult task of coordinating patients' needs with appropriate, available care in the community—while also recognizing the needs of the family—is a challenge Glyn constantly meets head-on. Glyn knows that making the transition process as smooth as possible gives families peace of mind, and she takes pride in Rouge Valley's family centred approach to care—a unique vision that motivates her to go above and beyond each and every day.

GLYN BOATSWAIN, Patient Flow Manager

reassuring

Any parent would be stressed at the thought of having to comfort a three-year-old who had just fractured her leg on a trampoline. But for Jay Melindy, the experience was compounded knowing he and his wife also had twin infant girls to care for. Now, with Charlotte needing a full leg cast, they suddenly had three daughters who couldn't walk. Fortunately, orthopaedic technologist Ivor Mohammed knows a thing or two about comforting young children—and their distraught parents. With some reassuring words, a few jokes and a bright palette of cast colours for Charlotte to choose from, he was able to ease her fears and set her broken leg. And by relaxing Charlotte, he greatly reduced Jay's stress level. Ivor was also there eight weeks later when Charlotte had her cast removed, once again using his sense of humour and gentle nature to make the experience as comfortable as possible. It's this ability to treat more than just the injury that sets Ivor apart, and makes him an important component of family centred care at Rouge Valley.



IVOR MOHAMMED, Orthopaedic Technologist

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